

Rialto Unified School District

Aug 5, 2024 thru Aug 9, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/05/2024																
High School Lunch	Total	3199														
Pull Apart Bread 2024	Serving	600	346	30	1059	2.38	11.36	277.8	898	13.54	*3	17.44	41.36	14.38	5.05	*0.00
Sauce, Marinara '22	Servings (4oz)	600	56	0	429	2.38	1.65	34.8	761	13.06	*2	2.45	12.39	0.4	0.05	*0.00
FRUIT SALAD,FRESH	1 CUP	200	84	0	4	2.14	0.26	19.7	334	46.05	*N/A*	0.86	21.27	0.4	0.07	*N/A*
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	325	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	775	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	325	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	1000	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			682	54	1322	3868.1	4.99	678.0	5359	41.74	*48	31.66	104.39	15.98	5.03	*0.03
% of Calories											*27.9%	18.6%	61.2%	21.1%	6.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Aug 5, 2024 thru Aug 9, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/06/2024																
High School Lunch	Total	3199														
Penne, Alfredo, Chicken '23	3/4 CUP	800	203	79	411	6.29	1.47	108.8	86	1.73	*2	15.8	20.12	5.55	1.49	*0.04
BROCCOLI: fresh, boiled	serving	800	55	0	64	5.15	1.05	62.4	2415	101.24	2	3.71	11.2	0.64	0.12	0.00
Chicken, teriyaki,Fried R.2017	serving	600	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	325	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	775	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	325	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	1000	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			697	71	1226	3870.3	3.35	665.6	5987	61.12	*49	34.24	104.96	15.59	4.62	*0.04
% of Calories											*27.9%	19.7%	60.3%	20.1%	6.0%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Aug 5, 2024 thru Aug 9, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/07/2024																
High School Lunch	Total	2895														
ENCHILADA,SCRATCH,beef24ct '22	1 Ser(25 ct	800	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
SALAD,CHEF	1 EACH	500	549	172	1422	3.03	3.73	218.7	2224	27.19	*14	29.17	36.39	35.02	8.89	*0.00
Chicken, teriyaki,Fried R.2017	serving	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwch WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	220	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	500	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			747	88	1585	11640.	3.57	525.2	5986	34.95	*43	33.24	100.61	24.96	7.23	*0.11
% of Calories											*22.9%	17.8%	53.9%	30.1%	8.7%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/08/2024																
High School Lunch	Total	3195														
SANDWICH, CHX PARM '23	1 EACH	600	437	48	910	6.19	4.80	317.4	676	93.53	*4	29.73	48.7	14.45	5.03	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	600	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	500	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	400	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1195	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			726	62	1367	10549.	4.15	638.1	4785	51.71	*39	35.40	106.07	20.22	6.59	*0.06
% of Calories											*21.7%	19.5%	58.4%	25.1%	8.2%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 5, 2024 thru Aug 9, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/09/2024																
High School Lunch	Total	3199														
BURRITO,WET TKY COMBO-2021	SERVING	500	465	32	911	11.81	*3.63	*350.0	1140	*1.58	*4	23.57	60.58	14.86	4.60	*0.00
Salad, TACO '22	1 each	400	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	2000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	2226	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1122	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			792	64	1293	7820.2	*4.12	*791.4	5204	*40.53	*48	37.36	116.25	22.58	6.84	*0.04
% of Calories											*24.3%	18.9%	58.7%	25.7%	7.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			729	68	1359	7549.9	*4.04	*659.7	5464	*46.01	*45	34.38	106.46	19.86	6.06	*0.06
											*55.9%	18.9%	58.4%	24.5%	7.5%	*0.1%

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/12/2024																
High School Lunch	Total	2895														
CHICKEN FAJITA / W/RICE 2022	SERVING	500	356	40	609	7.21	4.94	109.3	718	2.89	*0	20.61	51.52	7.74	1.17	*0.00
PROTEIN BOX MIDDLE SCHO	1 EACH	200	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
OL 2017																
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki, Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PIZZA, DOMINOS14"WGPep, slic	serving	800	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
e'24																
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
LA 2024																
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	550	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			781	54	1253	1563.4	4.05	628.3	5055	43.49	*42	35.10	121.84	18.28	5.20	*0.01
% of Calories											*21.4%	18.0%	62.4%	21.1%	6.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 08/13/2024																
High School Lunch	Total	3199														
PRETZEL DOG 2013 WG	1 EACH	500	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Salad, TACO '22	1 each	200	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki, Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	81	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	325	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			754	61	1181	3869.1	4.06	642.9	4840	44.72	*45	34.30	116.32	17.24	5.21	*0.01
% of Calories											*24.1%	18.2%	61.7%	20.6%	6.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 08/14/2024																
High School Lunch	Total	2895														
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Wrap, CRUNCHY CHICKEN '23	1 EACH	300	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Chicken, teriyaki,Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
PIZZA,DOMINOS14"WGPep,slc e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	1300	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	1000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	1300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	2000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	700	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	675	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			767	57	1391	2727.3	3.84	734.0	5562	74.87	*48	35.97	120.17	17.91	5.70	*0.04
% of Calories											*24.8%	18.8%	62.7%	21.0%	6.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/15/2024																
High School Lunch	Total	3195														
Chile Verde-2022	3 oz	700	389	100	650	1.85	2.46	123.5	991	11.98	*1	36.68	34.04	12.01	2.71	*0.00
POTATO FROZEN,FRNCH-2017	SERVING	700	80	0	27	0.67	0.48	0.0	0	0.0	0	1.33	13.33	2.33	0.33	0.00
Chef Salad 2017	1 EACH	400	502	134	975	4.26	1.60	195.6	1519	8.97	*19	18.01	47.66	28.54	7.37	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1195	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	500	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			744	81	1194	1766.9	3.35	573.6	4760	43.71	*40	36.15	110.87	18.24	5.24	*0.01
% of Calories											*21.7%	19.4%	59.6%	22.1%	6.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/16/2024																
High School Lunch	Total	2895														
Chicken Fajita-MD-2024	1 each	600	665	91	1137	12.02	7.00	400.4	1243	5.7	*2	34.59	79.87	25.49	8.59	*0.00
Spicy Tuna Box 2024	1 each	400	383	50	818	5.71	4.46	163.9	3061	49.81	*13	32.49	44.48	11.55	3.53	*0.00
Chicken, teriyaki,Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	400	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	215	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibblets MS/HS	package	550	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	200	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	635	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	225	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			792	63	1199	1563.9	4.78	650.7	4248	49.16	*41	37.82	123.76	18.10	5.89	*0.03
% of Calories											*20.7%	19.1%	62.5%	20.6%	6.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Aug 12, 2024 thru Aug 16, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			768	63	1244	2298.1	4.02	645.9	4893	51.19	*43 *50.7%	35.87 18.7%	118.59 61.8%	17.95 21.0%	5.45 6.4%	*0.02 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	768		750 - 850	100%				
Cholesterol (mg)	63							
Sodium 1 (mg)	1244		1420	88%				
Sodium 1a (mg)	1244		1280	97%				
Fiber (g)	2298.18							
Iron (mg)	4.02							
Calcium (mg)	645.9							
Vitamin A (IU)	4893							
Sugars (g)	43	22.53%			Missing			
Vitamin C (mg)	51.19							
Protein (g)	35.87	18.69%						
Carbohydrate (g)	118.59	61.79%						
Total Fat (g)	17.95	21.05%	<=30.00%					
Saturated Fat (g)	5.45	6.39%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/19/2024																
High School Lunch	Total	2895														
CHEESEBURGER MINIS-2023	SERVING	500	272	31	475	2.39	3.09	114.2	79	10.3	3	19.7	29.82	9.16	3.00	0.00
PROTEIN BOX HIGH SCHOOL 2013	1 EACH	200	597	214	832	6.71	3.36	305.8	3173	12.46	*6	21.79	40.71	43.43	10.94	*0.07
Chicken, Tangerine Sec-'23	SERV	300	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki, Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PIZZA, DOMINOS 14" WGPep, slic e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	700	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			762	67	1200	1562.9	4.05	601.0	5298	39.80	*42	36.05	115.29	18.57	5.60	*0.01
% of Calories											*22.2%	18.9%	60.6%	21.9%	6.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 08/20/2024																
High School Lunch	Total	3199														
Wings & Mac '23	SERVING	500	786	230	2159	0.47	1.04	711.4	2314	0.53	*20	51.85	39.43	46.57	18.00	*0.00
Salad, TACO '22	1 each	200	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki, Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	775	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	1000	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			768	84	1286	3868.1	3.28	621.0	4702	43.82	*42	34.97	107.68	22.47	7.19	*0.01
% of Calories											*22.1%	18.2%	56.1%	26.3%	8.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 08/21/2024																
High School Lunch	Total	2895														
Chicken, teriyaki, Fried R.2017	servicing	700	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	300	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
PIZZA, DOMINOS14"WGPep, slic e'24	servicing	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT PARFAIT W/ GRANO LA 2024	servicing	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	1300	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibblets MS/HS	package	1000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	1300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	servicing	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	servicing	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	2000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	700	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	675	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			799	63	1414	2727.6	3.92	703.4	5988	77.07	*49	38.00	124.14	18.31	5.44	*0.01
% of Calories											*24.3%	19.0%	62.1%	20.6%	6.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/22/2024																
High School Lunch	Total	3195														
TACO SALAD	SERVINGS	700	288	42	410	2.57	2.30	113.0	595	5.0	*2	17.08	21.54	15.18	4.68	*0.70
POTATO FROZEN,FRNCH-2017	SERVING	700	80	0	27	0.67	0.48	0.0	0	0.0	0	1.33	13.33	2.33	0.33	0.00
Chef Salad 2017	1 EACH	500	502	134	975	4.26	1.60	195.6	1519	8.97	*19	18.01	47.66	28.54	7.37	*0.00
Chicken, teriyaki,Fried R.2017	serving	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Chicken, Tangerine Sec-'23	SERV	500	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblers MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1195	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			807	84	1343	10549.	3.81	587.5	4902	43.91	*44	35.06	117.22	23.03	6.46	*0.19
% of Calories											*21.6%	17.4%	58.1%	25.7%	7.2%	*0.2%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Aug 19, 2024 thru Aug 23, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/23/2024																
High School Lunch	Total	2895														
Chicken & Waffles, WG 2024	Serving	600	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
Spicy Tuna Box 2024	1 each	500	383	50	818	5.71	4.46	163.9	3061	49.81	*13	32.49	44.48	11.55	3.53	*0.00
Chicken, teriyaki,Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	600	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	215	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibblets MS/HS	package	550	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1895	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1250	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	524	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	635	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	675	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	225	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			813	60	1341	4858.7	5.09	653.9	3924	69.45	*46	39.55	129.82	18.45	5.41	*0.04
% of Calories											*22.5%	19.5%	63.9%	20.4%	6.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/26/2024																
High School Lunch	Total	2895														
QUESADILLA,Spicy, Chicken 2020	1 EACH	500	311	45	546	3.00	1.67	325.1	334	2.13	*1	16.97	29.7	13.55	6.33	*0.00
PROTEIN BOX MIDDLE SCHO OL 2017	1 EACH	200	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
Chicken,Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PIZZA,DOMINOS14"WGPep,silc e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	550	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			826	61	1386	11642.	3.71	697.7	5047	43.99	*43	36.21	123.49	21.86	6.72	*0.04
% of Calories											*21.1%	17.5%	59.8%	23.8%	7.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 08/27/2024																
	Total															
High School Lunch	Total	3199														
TURKEY SOFT TACO 2020	1 EACH	800	402	57	584	0.00	*4.68	*140.0	20	*0.0	*4	25.04	38.0	18.96	5.04	*0.00
Salad, TACO '22	1 each	200	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken,Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	775	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	325	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	1000	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			851	75	1293	3868.4	*4.46	*768.3	4992	*45.24	*50	40.30	123.99	22.36	6.73	*0.01
% of Calories										*23.5%	18.9%	58.3%	23.6%	7.1%	*0.0%	
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 08/28/2024																
High School Lunch	Total	2895														
TACO Walkin,Beef,- '24	1.5 oz	500	493	33	791	4.43	2.32	75.2	798	6.32	*3	19.71	31.51	31.65	10.17	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	300	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Chicken, teriyaki,Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken,Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
PIZZA,DOMINOS14"WGPep,slic e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	1300	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibblets MS/HS	package	1000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	1300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	2000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	675	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			824	65	1476	11643.	3.81	692.8	5198	72.40	*47	37.02	117.96	24.34	7.23	*0.04
% of Calories											*22.9%	18.0%	57.3%	26.6%	7.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/29/2024																
High School Lunch	Total	3195														
Chicken, Kung Pao, Yangs '24	servng	700	127	44	363	0.00	5.22	0.0	500	8.4	5	14.0	11.0	3.0	1.00	0.00
POTATO FROZEN,FRNCH-2017	SERVING	700	80	0	27	0.67	0.48	0.0	0	0.0	0	1.33	13.33	2.33	0.33	0.00
Chef Salad 2017	1 EACH	500	502	134	975	4.26	1.60	195.6	1519	8.97	*19	18.01	47.66	28.54	7.37	*0.00
Chicken, teriyaki,Fried R.2017	servng	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Chicken,Tangerine Sec-'23	SERV	500	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	servng	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	1	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	servng	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	servng	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1195	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			759	84	1327	10548.	4.39	548.7	4855	42.97	*44	33.93	112.38	20.21	5.59	*0.03
% of Calories											*23.1%	17.9%	59.2%	24.0%	6.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 26, 2024 thru Aug 30, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/30/2024																
High School Lunch	Total	2895														
Grinder, turkey&cheese-El-'24	1 EACH	600	367	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	12.7	3.97	0.16
Spicy Tuna Box 2024	1 each	500	383	50	818	5.71	4.46	163.9	3061	49.81	*13	32.49	44.48	11.55	3.53	*0.00
Chicken, teriyaki,Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	600	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	215	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	550	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1895	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1250	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	524	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	635	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	675	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	225	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			795	69	1421	4858.3	4.91	681.7	3912	49.76	*42	42.28	121.89	18.85	5.74	*0.08
% of Calories											*21.2%	21.3%	61.3%	21.3%	6.5%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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